It's Your Adventure - Seize It!

An Outdoor Journey for Girl Scouts

Integrated for all levels of Girl Scouts to camp, hike, and explore the great outdoors together while learning traditional skills.

The Outdoor Journey is a unique, as Girl Scouts are required to explore the outdoors every step of the way. Additionally, Girl Scouts of all levels can plan their forays together, each easily working together to complete their unique, level-appropriate journey, making "It's Your Adventure" a perfect, out-of-the-box Journey for flex troops or service units, and/or to use Girl Scout Camps to complete a Journey.

On the "It's Your Adventure - Seize It!" Journey, all levels of Girl Scouts will:

DISCOVER the Outdoors by learning venturing out into nature, making observations, and learning from nature itself.

CONNECT with others by taking what is discovered to the next level, and learning applicable outdoor skills.

TAKE ACTION by providing community service to recreational areas or by helping or encouraging others to gain access to outdoor recreation opportunities.

Flex Troops Can Adventure

TOGETHER

DISCOVER

An Outdoor Trek

(hike, canoe, or nature walk)

CONNECT

An Outdoor Skill

(traditional skill building)

TAKE ACTION

An Outdoor Event

(community outdoor recreation)

Daisies

Brownies

Juniors

Cadettes

Seniors

Ambassadors

...discover their senses to observe and talk about what they experience.

... discover observations about plants, animals, weather, and features.

...discover science knowledge to classify things they observe.

...discover resources to identify specific flora, fauna, and other features.

...discover both dangers and resources found outdoors.

...discover independence and lead using maps, guides, and knowledge. ...connect with a leader learn basic safety in an outdoor environment.

(Examples: identify poison ivy, make trail mix, set up a tent, fire and knife safety, bedrolls, mess kit assembly/care.)

... connect with a mentor to learn more complex outdoor skills and safety.

(Examples: Fire building, knot tying, outdoor cooking, orienteering/GPS use, rudimentary backpacking.)

... connect with a guide to learn an advanced skill or try high adventure.

(Examples: Rock climbing, river rafting, edible plant identification, riflery, advanced firebuilding, shelter building, advanced backpacking.) ...Take action by planning a community outdoor recreational event or service opportunity and participating in an age-appropriate way.

(Examples: Organize a service project event to help maintain Girl Scout camp properties, assist disabled children or adults to gain access to outdoor recreation, plan a community or service unit camp event and share skills, be of service to the national, state, or municipal park/forest/ or other outdoor recreational area.

Simple as park litter pick-up for Daisies, and physical labor for Senior/Ambassadors.